

SAVE THE DATE:
SATURDAY, JUNE 12, 2010

**ALTERNATIVES' 25TH ANNUAL
VALLEY FRIENDSHIP TOUR**

**5 ROUTES TO CHOOSE FROM:
WALK THE GOLDEN MILE, JOG THE 5K OR 10K,
OR BIKE 25 OR 50 MILES**



**HELP BRING POSITIVE CHANGES TO
INDIVIDUALS WITH DISABILITIES, AND
ENJOY A BEAUTIFUL DAY IN THE
HEART OF THE BLACKSTONE VALLEY**

T-SHIRTS › PRIZES › SPORTS MASSAGES › LUNCH › LIVE MUSIC

FORM A TEAM TODAY!!

**FOR MORE INFORMATION,
CALL (508) 234-6232
OR VISIT OUR WEBSITE AT
WWW.ALTERNATIVESNET.ORG**

ALTERNATIVES | 50 DOUGLAS ROAD | WHITINSVILLE, MA